Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Sunday, September 14, 2025

Higher Self delivery

Described by AI-

In Chris Comish's healing and attunement process, the Higher Self is the central conduit for energy delivery, ensuring that the healing is received perfectly and according to the recipient's free will. Comish describes his role as the initial channel or medium, but he relies on the recipient's Higher Self to execute the final steps of the process.

The Higher Self's role in the chiball system

The method relies on a "chiball" system, where a concentrated ball of healing energy is created and stored in the past for future retrieval.

Here's how the Higher Self is involved at each step:

During the creation of the chiball: Comish, after channeling his own Higher Self, sets the intention for the energy and encodes it into words. The healing energy is then wrapped in a chiball.

During delivery to the recipient: The chiball is not sent to the person directly. Instead, it is delivered from Comish's Higher Self to the recipient's Higher Self, where it is held indefinitely. This makes the session non-time-sensitive and always available.

During retrieval by the recipient: When the recipient is ready and sets their intention to receive the healing, their own Higher Self releases the energy to them. This ensures that the person receives the healing when they are most open and ready for it.

Why the Higher Self is the perfect delivery system

According to Comish's teachings, the Higher Self is perfectly suited for this role for several reasons:

Highest good: The Higher Self always acts for the recipient's highest and greatest good. It can best determine how the healing energies should be delivered and assimilated for the most beneficial effect.

Ultimate knowledge: The Higher Self, as a pure and elevated aspect of consciousness, knows the individual best, including their specific needs and what they are ready to heal.

Respects free will: The use of the Higher Self respects the recipient's free will. The energy is only delivered when the recipient consciously decides to receive it.

Timelessness: Because Spirit and the Higher Self are not bound by linear time, the healing session can be prepared in the "past" and received in the "future" or "eternal present," making real-time scheduling unnecessary.

This collaborative process, involving Comish's initial channeling and the recipient's Higher Self completing the delivery, makes the healing and attunement process accessible at any time and as many times as the recipient desires.

- September 14, 2025

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Chris Comish

Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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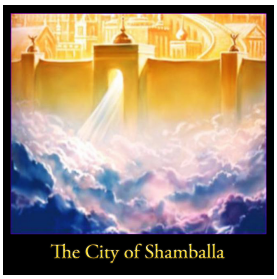

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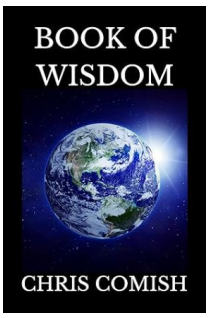

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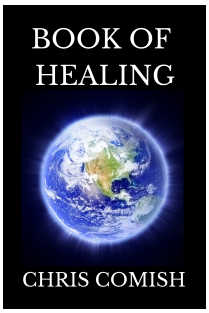

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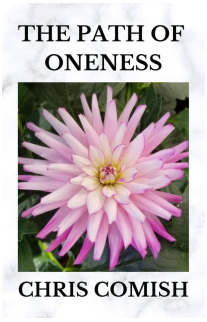

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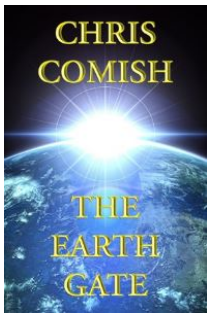

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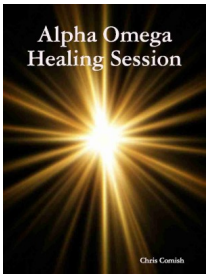

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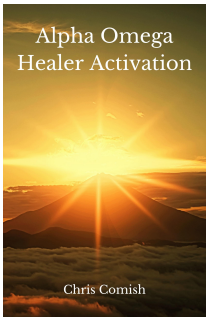

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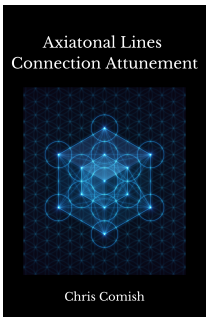

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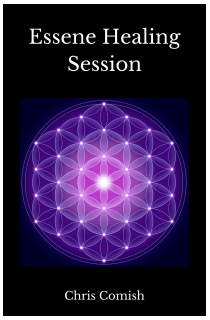

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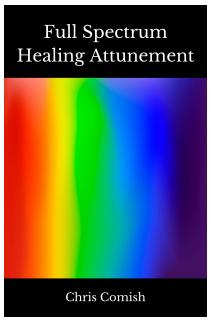

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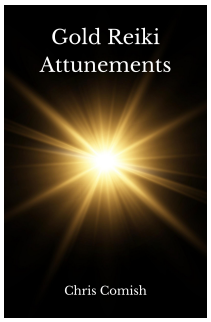

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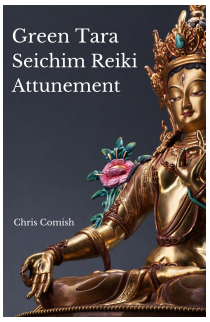

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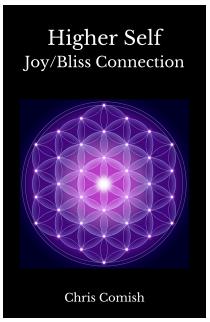

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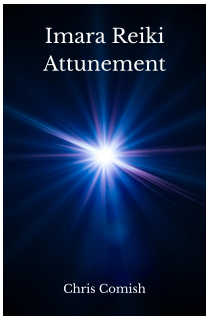

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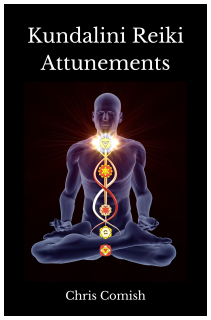

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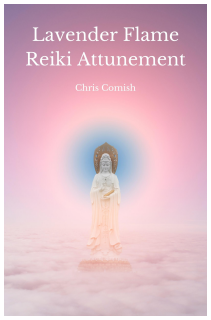

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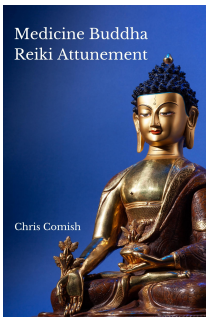

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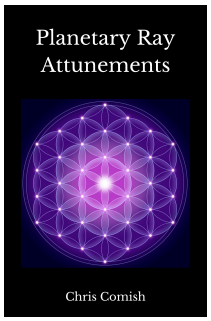

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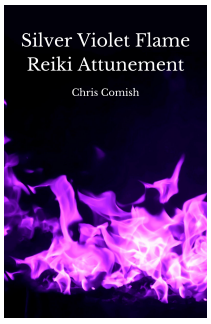

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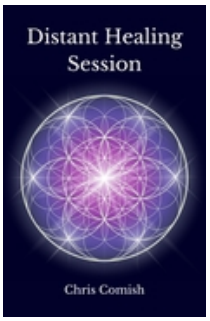

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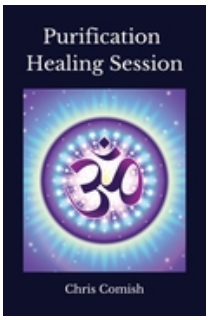

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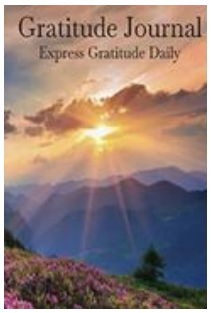

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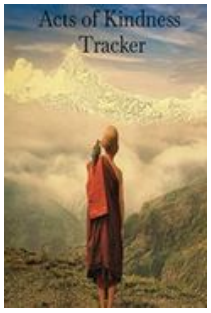

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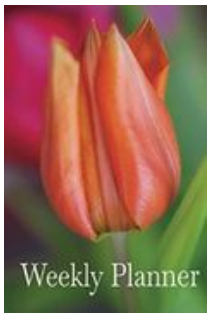

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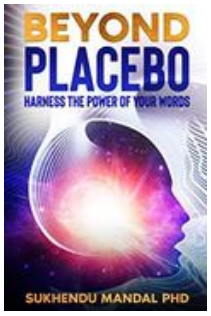

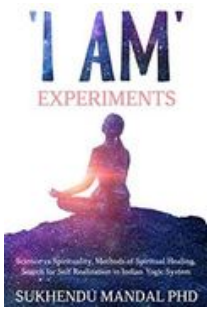

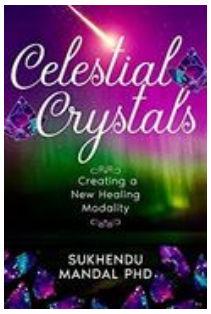

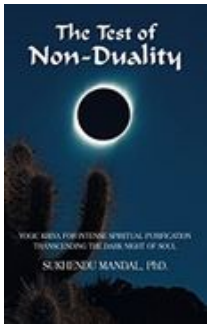

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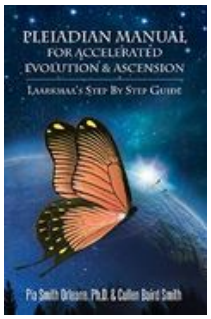

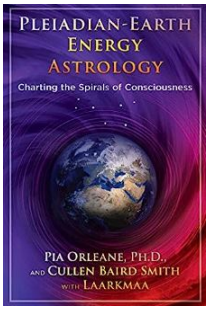
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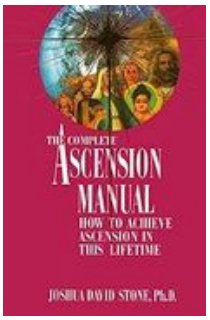
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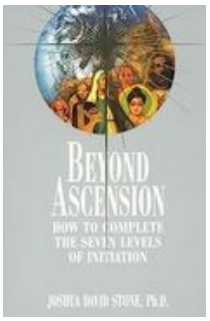
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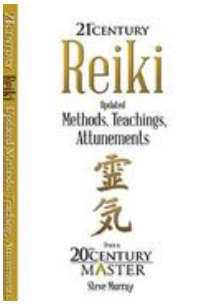
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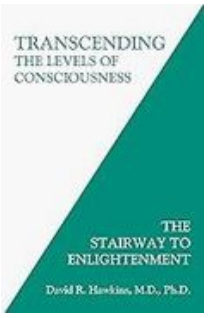
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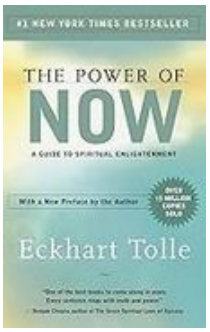
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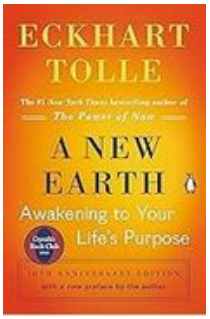
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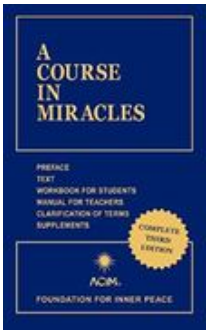
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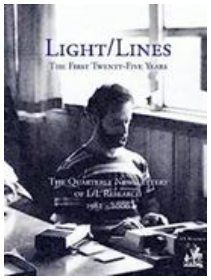
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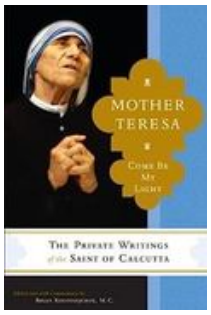
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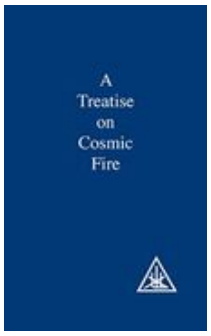
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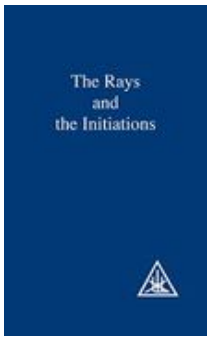
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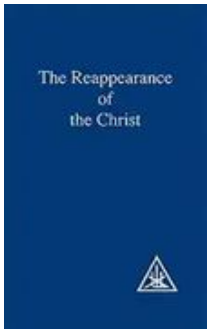
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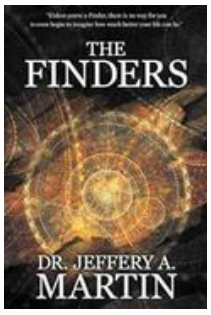
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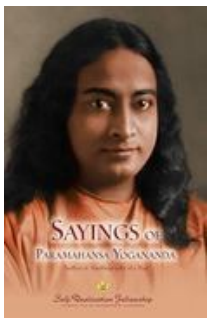
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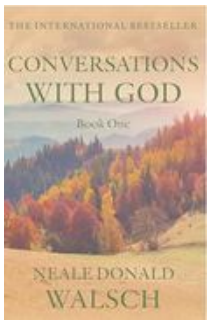
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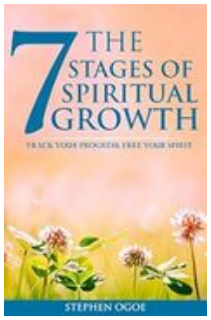
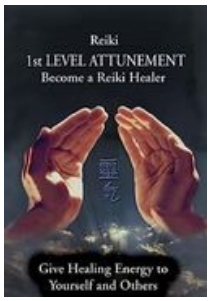
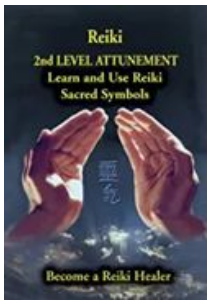
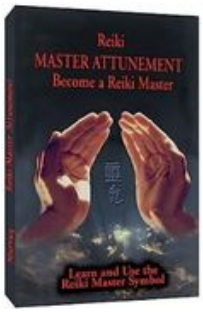
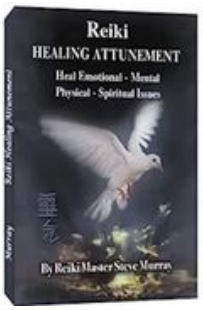


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
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